

2022 EDUCATIONAL SERIES

presented by



in collaboration with



OUR MISSION IS TO

PROMOTE POSITIVE MENTAL HEALTH
AND WAYS TO MAINTAIN IT

PROVIDE EDUCATION ABOUT
MENTAL ILLNESS TO REDUCE STIGMA

ENCOURAGE EARLY DIAGNOSIS
AND TREATMENT

THURSDAY, JANUARY 13



**HOPE & HEALING: RECOVERY FROM ADDICTION,
REBUILDING LIVES, EMPOWERING FAMILIES**

Panel from FAVOR (Faces and Voices of Recovery), moderated by Carroll Easterling (Certified Family Recovery Coach); Mike Malone (Certified Peer Support Specialist); clients in recovery

THURSDAY, MARCH 10



NUTRITION & BRAIN HEALTH: BOOST MOOD & MEMORY

Lori Boyd, MSN, RN, Certified Lifestyle Medicine Professional

THURSDAY, MAY 12



MANAGING THE EFFECTS OF COMBAT & OTHER TRAUMA

Jim Rentz, DMin., Licensed Marriage & Family Therapist (retired), former Army Chaplain

THURSDAY, JULY 14



**VETERANS TREATMENT COURT: A DIVERSIONARY
PROGRAM IN SPARTANBURG**

James Mulak, MSW, Director of Warrior Advocacy, Upstate Warrior Solution

THURSDAY, SEPTEMBER 8



FOCUSING ON WELLNESS

Kelly Kennedy, PhD, LMFT/S, RPT/S, Owner, Modern Wellness Family Counseling, LLC

THURSDAY, NOVEMBER 10



DEALING WITH GRIEF & LOSS

Mitch Kyllonen, Pastoral Counselor (retired)

CONTINUING EDUCATION CREDIT

Continuing Education credit will be given to social workers and counselors ONLY with payment of \$15.00 fee. CE approval does not imply approval or endorsement of any product. The speaker(s) and planning committee have declared no conflict of interest.

Social Workers: This program has been approved for 1.0 hour of credit by Spartanburg Regional Healthcare System Corporate Education under its accreditation by the SC Board of Social Work Examiners. **Counselors:** Approved for 1.0 hour of credit by Spartanburg Regional Healthcare System Corporate Education under its accreditation of SC Board of Examiners for Licensed Professional Counselors, Marital and Family Therapists, and Psycho Educational Specialists.

REGISTRATION

All programs – free to the public – will be held virtually with Zoom Webinars. Pre-registration is required. Find registration links on our website and Facebook page.

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