

Why Choose iTrust?

EASY SELF-SCHEDULING

Our online assessment matches you with an ideal iTrust provider, and gives you the freedom to browse and book your own appointment.

CONSISTENT AVAILABILITY

With a growing team of compassionate professionals, our patients can expect appointment availability within just a few weeks, not months.

PSYCHOPHARMACOLOGY EXPERTS

Highly skilled in the science of psychopharmacology, our providers are your trusted experts in mental health care, medications, and brain chemistry.

CONVENIENT CARE

Whether you prefer in-office sessions or telehealth appointments, we believe your care should be as convenient as possible so you can focus on your goals.

GENETIC INSIGHT

Our GeneSight® testing can streamline your treatment options by analyzing your genes to determine your mind and body's response to certain medications.

Booking Your Appointment Has Never Been Easier.

No phone calls or referrals needed - with iTrust's innovative Self-Assessment form, you can schedule on your own terms.

Simply answer the assessment questions, discover your iTrust provider match, and select your preferred appointment time!



START

TODAY

Affordability & Accessibility: We've Got You Covered

From our competitive self-pay rates to coverage with Medicare, Tricare, and most major commercial insurances, quality mental healthcare is always within reach.

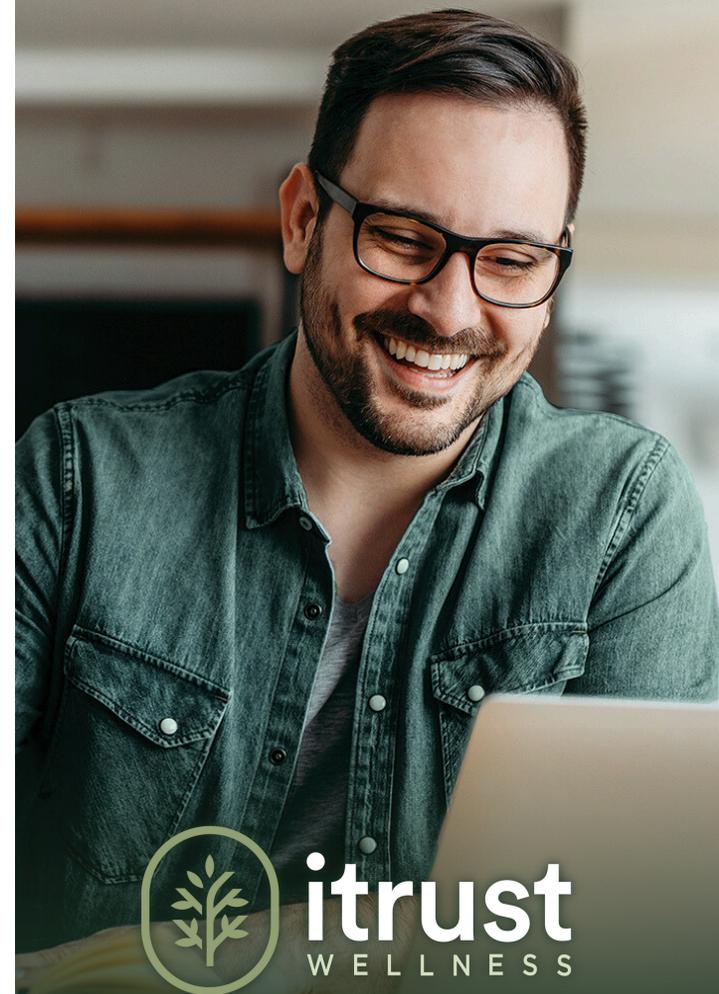
Visit itrustwellness.com for current pricing.

Convenient Care Across the Upstate

VIRTUAL & IN-OFFICE APPOINTMENTS

149 Commons Way, Greenville, SC
765 Haywood Road, Greenville, SC
214 Straight Drive, Anderson, SC
115C Southport Road, Spartanburg, SC

CALL OR TEXT | (864) 520-2020
info@itrustwellness.com
www.itrustwellness.com



Balanced Mind, Balanced Life.

YOUR LOCAL MENTAL HEALTH SPECIALISTS



Experience the iTrust Difference.

OUR ROAD MAP TO WELLNESS

FINDING YOUR DIRECTION

60-MINUTE INITIAL EVALUATION

Your first session at iTrust lasts the longest, and for good reason – you'll meet your provider, share your history, symptoms, and your wellness goals. Together, you'll discuss the next steps of your care, schedule a few follow-up sessions to dive deeper, and begin shaping your treatment plan.

TRACKING PROGRESS

30-MINUTE FOLLOW-UPS

Every couple of weeks, you'll use 30-minute sessions to work with your provider, share your progress, and refine your treatment options. Every plan is different, but most include adding healthy habits, vitamins, supplements, and/or medications to your routine – all designed to improve your mental health.

STAYING THE COURSE

15-MINUTE FOLLOW-UPS

As your mental health improves, you can switch to short 15-minute sessions, scheduled further apart as you progress. You can still count on your provider for an extra appointment whenever you need more support, giving you the freedom and confidence to maintain wellness all on your own.

Rediscover Your Best Self.

We believe that wellness comes from within, rooted in the balance of mind and body – which is why we take a holistic approach to care we provide. From prescription medications to vitamins and supplements, we're here to help you restore balance and rediscover your best self – from the inside out.

Why Is Better Mental Health Important?

HIGHER QUALITY OF LIFE

When you improve your mental health, daily life feels more fulfilling, relationships thrive, and personal goals become more achievable.

ENHANCED PRODUCTIVITY

A balanced mind leads to sharper concentration, improved decision-making, and increased motivation at work and in personal pursuits.

IMPROVED PHYSICAL HEALTH

Mental wellness is directly linked to physical health, reducing the risk and symptoms of conditions like heart disease, chronic pain, and sleep disorders.

GREATER EMOTIONAL RESILIENCE

Effective management of stress and emotions helps patients navigate and prepare for life's challenges with confidence and stability.

STRONGER RELATIONSHIPS

Healthy minds foster better communication, deeper connections, and more fulfilling interactions with friends, family, and colleagues.

Where Compassion Meets Expertise.

iTrust Wellness welcomes patients of all backgrounds, identities, experiences, sexual orientations, beliefs, and protected statuses, including military service. Our team is dedicated to providing a safe, judgment-free space where patients receive respect and support while improving their mental health and wellness.